



October 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Chicken Fries with Dipping Sauce WGR Goldfish Crackers Steamed Broccoli Fresh Honeydew	Chicken Sausage Patty with Mini Bagel 2 & Cheese Tater Tots Tropical Fruit Salad	Cheeseburger# on WGR Bun Baked Beans Fresh Gala Apples
Tater Tot Casserole Fresh Baby Carrots Mandarin Oranges	Taco Tuesday! Soft Tacos with Diced Chicken, Lettuce & Cheese Steamed Corn Diced Pears	Cheese Ravioli Steamed Green Beans Fresh Cantaloupe	Sloppy Joe's# on WGR Bun Crinkle Cut French Fries Fruit Cocktail	BBQ Chicken Patty WGR Dinner Roll Steamed California Blend Veggies Pineapple Tidbits
Spaghetti with Meat Sauce# Steamed Broccoli Diced Peaches	Popcorn Chicken with White Rice & Dipping Sauce Fresh Baby Carrots Fresh Oranges	Chicken Enchilada Casserole Steamed Corn Fresh Banana	Italian Dunkers Fresh Garden Salad Applesauce	Meatballs# & Gravy WGR Dinner Roll Roasted Diced Potatoes Diced Pears
Chicken Alfredo WGR Twists 20 Steamed Green Beans Pineapple Tidbits	Taco Tuesday! Soft Tacos with Seasoned Beef#, Lettuce & Cheese Steamed Corn Mandarin Oranges	Orange Chicken with White Rice Fresh Cucumber Slices & Dipping Sauce Tropical Fruit Salad	WGR Chicken Patty on WGR Bun 23 Steamed Mixed Veggies Fresh Honeydew	Beef & Bean Chili# with Oyster Crackers Steamed Broccoli Fresh Banana
Mac & Cheese Steamed Peas Diced Peaches	Salisbury Steak Patty# WGR Dinner Roll Roasted Diced Potatoes Applesauce	WGR Baked Pancake on a Stick Cheese Stick Cooked Baby Carrots Pineapple Tidbits	Pizza Casserole# 30 Fresh Caesar Salad Diced Pears	WGR Chicken Nuggets 31 Mashed Sweet Potatoes Mandarin Oranges WGR Graham Crackers & Pumpkin Dip

Menu subject to change

- A WGR item will be served with breakfast or snack, if not served with lunch
- Milk served with each meal: 4oz of whole milk for 1 yr. olds, 4oz of 1% milk for 2 yr. olds, 6oz of 1% milk for 3-5 yr. olds
- Toddler vegetables will be blanched

Catering With Care 612.248.9621 Long Lake 763.783.4330 Coon Rapids

[#]Denotes Beef items

^{*}Denotes Pork items

WGR denotes Whole Grain